

# Getting Started



## SELF-REFLECTION

VALUES

INTERESTS

SKILLS

Career Services offers various self-assessments to help you learn more about yourself.

## EXPLORE

Exploration resources are available in SpiderConnect.

TOPICS/CLASSES  
THAT I ENJOY

MAJOR(S) OF INTEREST

DREAM JOB(S)

## WEB OF SUPPORT

Who is in your network? Consider family, friends, faculty, staff, alumni, etc.

One step I plan to take in the next semester to expand my web:

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## GAIN EXPERIENCE

Brainstorm ways you can gain experience during your time at UR. Examples: Career Services programs, student organizations, volunteering, research, campus jobs, internships/externships, study abroad, etc.

EXPERIENCE

# TELL YOUR STORY

Below are eight critical career-readiness skills. List a time or place from your past experiences where you have demonstrated each of these abilities.

CAREER &  
SELF-DEVELOPMENT

COMMUNICATION

CRITICAL THINKING

EQUITY &  
INCLUSION

LEADERSHIP

PROFESSIONALISM

TEAMWORK

TECHNOLOGY

Which of these skills would you like to further develop? What experiences might help you enhance these skills?

## NEXT STEPS

Career Services wants to help you! We offer one-on-one career advising, educational programs, career expos/on-campus recruiting (bringing the employers to you!), resume reviews, job shadowing, and more!



Make an appointment on SpiderConnect with one of our career advisors. Our advisors specialize in helping students identify their interests, abilities, and values, and explore how those relate to majors at Richmond and future careers.



Career Services hosts a variety of programs on-and off-campus to explore career paths and offer opportunities to connect with alumni and employers in the fields that interest you. Visit [careerservices.richmond.edu](http://careerservices.richmond.edu) for more information on our programs.

Career Services Advising Suite

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(804) 289-8547 | [careerservices.richmond.edu](http://careerservices.richmond.edu)

Office Hours: M-F, 8:30 a.m. to 5 p.m. | Drop-in Hours: M-F, 2 to 4 p.m.