

ANNIE ATHLETE

123 Spider Way • Richmond, VA 01320 • a_athlete@gmail.com • (804) 342-5285

EDUCATION

University of Richmond, School of Arts and Sciences, Richmond, VA *May 2020*
Bachelor of Arts, Major in History
GPA: 3.18
Awards: Dean's List (2017); Six-time Atlantic 10 Scholar Athlete Recipient

EXPERIENCE

University of Richmond Track and Field, Cross Country, *Richmond, VA* *Aug 2016 - Present*
Team Captain *Aug 2018 - Present*

- Commit 40 hours per week to practices and meets
- Organized school-wide campaign resulting in an increase in the size of the elevated jogging track in the new Fitness and Recreation Center
- Finished 5th in 5K at 2018 Atlantic 10 Championships in Kingston, RI
- Attained a Team GPA Ranked #3 in country by the NCAA in 2017

Beacon of Hope, *Richmond, VA* *Dec 2018 – Aug 2019*
Mentor

- Work one-on-one with a 25 year old man with Down's Syndrome
- Assist client with daily tasks, transportation and social activities

Groton Dunstable Regional High Schools, *Groton, MA* *Dec 2017 – Jan 2018*
Substitute Teacher

- Created a positive environment for students to learn successfully
- Taught grades kindergarten through 12th on a substitute basis
- Managed classrooms of approximately 20 students during teachers' extended absences

Squannacook River Runners Summer Track Program, *Groton, MA* *Jun 2016 – Aug 2017*
Senior Counselor

- Prepared activities for over 100 participants ages 5-14
- Interacted with individual participants to discover which track and field events they were talented in and enjoyed

United States House of Representatives, *Lowell, MA* *Jun 2014 – Nov 2015*
Student Intern

- Staffed VIP seating during President Obama's visit to Lowell
- Wrote letters to constituents regarding policy, veterans benefits, and campaign issues
- Answered and directed phone calls for constituent concerns
- Planned community events on behalf of campaign

SKILLS

Languages: Proficient in Spanish, beginner Arabic

Computer: Working knowledge of Microsoft Word, Excel, PowerPoint, Publisher, DreamWeaver, SPSS, iMovie