THE INTERVIEW BEGINS WHEN YOU FIRST MAKE CONTACT WITH AN EMPLOYER!
Organizations interview because they have a problem—they have an open position and work is either not being done or someone is being overloaded to do it. Your goal in the interview is to convince the interviewer that you are the solution to that problem. The interview is your opportunity to call attention to how your experiences, education and accomplishments relate to the requirements of the open position.

ASK YOURSELF BEFORE AND AFTER THE INTERVIEW
1. Can you do the job?
2. Do you want to do the job?
3. Will you fit in with the team and organization?

THE INTERVIEW PROCESS
1. Employers will collect resumes, cover letters and possibly other application materials
2. Application materials are reviewed
3. Candidates are selected for an interview
4. The official interview is conducted (phone, Skype/Zoom, in person) & may have more than one round

HOW DO YOU PREPARE FOR THE INTERVIEW?
- Know yourself: your skills, interests, values, and what you can contribute to the organization
- Know the organization: products/services, key people, structure, target markets, mission and goals
- Know the position for which you are interviewing: job requirements, duties/responsibilities, needed skills
- Practice, Practice, Practice! Use InterviewStream on SpiderConnect or schedule a mock interview in Career Services

INTERVIEW FORMATS
On Campus Interviews (OCI)
Each year, Career Services hosts recruiters who conduct interviews on campus in the Career Services Employer Suite on the second floor of the Queally Center. These interviews are usually 30 minute screening interviews and may be accompanied by an information session the night before the interview. Students in all majors can participate in on campus recruiting (OCR). For more information or to apply, log in to SpiderConnect and search "Opportunities."

Phone or Video Interviews
Phone or video interviews (using platforms like Zoom or Skype) are typically first-round and used to narrow down the candidate list for face-to-face interviewing. Generally, they last 20-30 minutes. Start by securing a quiet space well in advance; Boatwright Library has private study rooms. Ensure your cell phone has good reception or your wifi signal is strong for a video interview. Check your audio and video quality before signing on for a video interview, and be sure your background free from distractions, or consider using a virtual background. While you aren’t required to dress professionally, often you’ll feel more confident and assured when looking your best. For a phone interview, the lack of visual clues may make it hard to judge how the interview is going, so don’t worry about filling in the quiet. The interviewer is likely taking notes after your answers. Provide strong examples using the STAR technique outlined in this handout and speak slowly and clearly. Avoid “um,” “I mean,” “you know,” and other distracting verbal fillers. Maintain enthusiasm and energy in your conversation. Practice beforehand with a friend or a Career Services advisor.

On Site Interviews
On-site interviews allow you to see the culture of the organization and meet different people who work for the organization. These interviews can be one hour, a half-day, or full day depending on the industry. You may interview with one person or a variety of people in panels or groups.

Panel Interviews
Panel interviews are often rapidly paced with questions coming from a variety of individuals. To achieve rapport during this type of interview, remember to maintain eye contact with and involve each person on the panel. Get a list of all those in attendance for thank-you notes. If you can’t get their names in advance, make sure to get business cards after the interview, or at least write down names to find their info later.
INTERVIEW QUESTION TYPES

**Traditional:** Most interviews contain at least some “traditional” questions.

<table>
<thead>
<tr>
<th>EXAMPLES OF TRADITIONAL INTERVIEW QUESTIONS</th>
<th>ANSWER STRATEGIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tell me about yourself.</td>
<td>This is your opportunity to summarize your major skills and experience as they relate to the job. This is NOT your life story or a regurgitation of your resume.</td>
</tr>
<tr>
<td>What are your strengths and weaknesses?</td>
<td>It is helpful to include an example of when you have used your strength. When you identify a weakness include how you compensate or strengthen and make sure it does not relate to the job description.</td>
</tr>
<tr>
<td>Why should we hire you?</td>
<td>What unique qualities do you bring to the position? What makes you stand out from the other candidates?</td>
</tr>
<tr>
<td>What interests you about our organization?</td>
<td>Do your research. Be specific!!</td>
</tr>
<tr>
<td>What have you learned from your mistakes?</td>
<td>Use examples to show how you have developed skills from past mistakes.</td>
</tr>
</tbody>
</table>

**Behavioral:** These questions are based on the premise that the best predictor of future success is past success. Specific competencies that employers look for in college students/graduates include:

- Analytical skills
- Critical thinking
- Teamwork
- Problem solving
- Ability to deal with challenging situations
- Communication skills
- Time management
- Planning and organizing
- Motivation and energy

**EXAMPLES OF BEHAVIORAL INTERVIEW QUESTIONS**

**Tell me about a time when you demonstrated excellent analytical skills.**

**Use the S.T.A.R. Technique to formulate your answers:***

- **S/T** – Situation/Task: describe a specific situation
- **A** – Action: describe the specific action you took
- **R** – Result: explain the result of your action

**Give me an example of a tense situation at work or school, and how you resolved it. Looking back, what could you have done differently? What did you learn?**

**Describe a time when you completed a specific task which you did not find interesting or perhaps even resented doing. How did you proceed? What was the outcome?**

**Give me a specific example of a time when you sold your supervisor (or professor) on an idea or a concept. How did you proceed? What was the result?**

**Case:** Case questions present a problem and ask the candidate to propose logical steps to solve it. See separate handout on case interviews.

**POTENTIAL QUESTIONS TO ASK THE INTERVIEWER**

Be prepared to ask the interviewer at least one or two questions that you cannot get the answer to from their websites. Example of questions:

- How would you describe the culture of the office/department?
- What have you enjoyed most about working for this organization?
- What are the next steps in this process?

**INTERVIEW FOLLOW-UP**

- Take notes on high and low points
- Follow up promptly with a thank you note (email or handwritten – see Thank You Tip Sheet) to everyone who participated in your interview process
- Evaluate and consider the position and the organization – is this a good choice for you?
- Practice – learn from your experience