International Students

University of RICHMOND Alumni & Career Services

IDENTIFYING YOUR SKILLS & STRENGTHS

An important first step in your job or internship search is to identify your skills and strengths. You have some skills and strengths that are unique to you as an individual. There are also skills that many international students are likely to develop by virtue of their experience as an international student studying in a different country from their home country. Think about the ways that your experience as an international student has allowed you to build skills and strengths that make you a strong candidate for a job or internship. Here are some ideas:

- Intercultural communication
- Resilience
- Flexible, adaptable
- Global fluency
- Independence
- Language skills
- Fast learner
- Resourceful
- Motivated
- Active listening

US CULTURE & YOUR JOB OR INTERNSHIP SEARCH

Resumes:
In the U.S., resumes should be limited to one page and should not include personal information like photos or birthdate. Submit your resume for review through ResumeCheck by uploading it to SpiderConnect.

Networking:
Making contact with UR alumni and other professionals in the field you are interested in is a powerful job search strategy and a great way to learn more about career fields and receive valuable advice. American culture values initiative, and direct and open communication. Career advisors can help you practice communicating professionally. Use these resources to develop an "elevator pitch" or "personal commercial" and learn how to use LinkedIn effectively.

Interviewing:
Interviewing is your chance to highlight your relevant skills and experiences. Arrive on time, make eye contact with the interviewer, and display confidence in your qualifications. Make sure you research the organization beforehand so you can demonstrate your knowledge of the company, and go to the interview prepared with questions to ask about the opportunity and the organization. You can prepare for your interview by scheduling a mock interview with an advisor in SpiderConnect or using InterviewStream in the "Resources" section of SpiderConnect.

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(804) 289-8547 | careerservices.richmond.edu
Office Hours: M-F, 8:30 a.m. to 5 p.m. | Drop-in Hours: M-F, 2 to 4 p.m.

UNIVERSITY OF RICHMOND
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RESOURCES & SERVICES

Resources for Working in the U.S.
https://careerservices.richmond.edu/students/resources/international/international-workers.html

On-Campus Employment, CPT, and OPT Information (Office of International Education)
https://international.richmond.edu/international-students/stay/employment/index.html

Career Advising
Meet with a career advisor to explore career options, create a strategy for your job or internship search, improve your resume or cover letter, or prepare for interviewing. You can schedule a Career Advising appointment through SpiderConnect

Drop-Ins
For quick questions or resume reviews, you can stop by our office to talk with a career advisor or peer advisor during our drop-in hours (Monday-Friday, 2-4 pm). No appointment necessary. Due to Covid restrictions, during the fall 2020 semester you can "drop-in" virtually through SpiderConnect.

Mock Interviews
Schedule a mock interview with an advisor in SpiderConnect to practice and prepare for interviewing. These are one hour appointments that allow you to practice interviewing and receive feedback from an advisor about how to improve your ability to articulate your experiences and skills. You can also use InterviewStream in the "Resources" section of SpiderConnect for a structured way to practice interviewing.

SpiderConnect
SpiderConnect is an online database that allows students to search for jobs and internships, register for career programs, and schedule advising appointments.

Career Programs
https://calendar.richmond.edu/?tag=careerservices

UR Summer Fellowships
https://ursf.richmond.edu/programs/index.html